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***The Gayly Dose Premieres November 17th***

**Best, new podcast for gay men who seek an elevated conversation**

*Atlanta-based cast speak vulnerably about gay behaviors, monogamy, coming out, politics*

**(ATLANTA, October 18, 2020)** – *The Gayly Dose* founder Helmut Domagalski came out to his wife and three daughters 10 years ago. As an out gay man, he came to realize a consistent void in his relationships with other gay men. Helmut began meeting more men like him who agreed. The need to connect on a higher level through meaningful, intimate conversation was the common denominator. Then COVID happened and disconnection and isolation followed. The Gayly Dose podcast took root during the pandemic as a brand with a mission to provide a trusted and safe source for connection among gay men, their family and friends and allies of the community. The podcast launches November 17<sup>th</sup> and subscriptions are available on Spotify, Google, Apple and others.

“Prior to the pandemic, I hosted game nights at my house as a way to meet other like-minded gay men and to experience a fun social connection that did not engage the typical scene,” explains Domagalski. “Sadly, game night came to a full stop, but *The Gayly Dose* transpired and now – one podcast at a time – it’s the ideal platform to support a gay society that we believe is ready to evolve and is wanting more mature, meaningful connections.”

The *Gayly Dose* cast of four include Helmut, a Latino German father of three and healthcare tech executive who leads the podcast team and the conversation; Dante, who is African American and while the youngest of the crew brings an old soul perspective; Bennett, the Millennial who sports his flannel lumberjack looks and works in corporate America; and Stuart – the wit and wisdom of the group – who was raised in a southern, Christian home in rural Georgia and who now lives in Atlanta with his husband.

“The cast is brilliant and I’m so proud of them as they are not afraid to speak honestly about hard topics like body issues, for example, but also know how to bring their banter to another episode about dating apps,” continues Domagalski. “We voice our opinions from our varied backgrounds and life experiences in a format that defies judgement and continues to uphold our mission to connect with those who are ready for change.”

**About the Gayly Dose**

Based and recorded in Atlanta, *The Gayly Dose* is a weekly podcast for gay men who seek an elevated conversation. Episodes and their titles range from a dose of *Coming Out* to *Monogamish* to *CongreGAYtion* to *Body Issues* to *Boundaries*. The brand’s mission helps gay men define themselves as part of an evolving community that seeks healthier and more meaningful connections. The podcast features cast members Helmut Domagalski (@helmut\_smile), Dante Rhodes (@thedanterhodes), Bennett Schnyder (@tgdbennett), and Stuart Terrell (@stulit2). They can be found at <http://thegaylydose.com> and on social @thegaylydosepod. Funded by a Kickstarter campaign, the podcast hopes to impress upon the Atlanta community and beyond.

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